

Year 8 Netball Assessment

Knowledge

Running pass
Split landing
Stage 1 & 2 defending
Set plays
Pivot
Shooting

Skills

Running pass
Split landing
Stage 1 & 2 defending
Set plays
Pivoting
Shooting
In isolation, small sided games and competition

Tier 3 Vocabulary

Pivoting
Defending
Intercept
Rebounding
Positional play

Head:
Leadership, Knowledge &
Understanding, Analysis,
Decision Making, Tactical
Awareness

Hands:
Skill Development, Skill
Application, Fitness Levels,
Technique, Competitive

Heart:
Effort, Resilience, Respect,
Motivation, Commitment

Ideas for Assessment Lesson

Warm up

Ball tag – Students to use a third of the netball court. They cannot move with the ball (Same rules as netball). Two people start by being on. If they tag someone with the ball they then become on as well. Students must work as a team to “pen” in the remaining players to tag them successfully
Stretches to follow

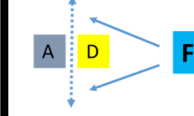
Task 1: Footwork and passes

Students are to get into small groups of 6 and split themselves opposite each other. Student 1 throws the ball as student runs towards to catch it, performs correct footwork and pivot back to the side they came from and passes it. They then return to where they came from. Student 1 who threw the ball then runs forward to complete the same process and so on.



Task 2: Defending

Students are to get into groups of 3 with 1 feeder and a defender and attacker. The attacker is trying to dodge away from the defender trying to receive the ball from the feeder whilst the defender is trying intercept the ball



Task 3: Shooting

Remaining in small groups students are to practice the static shooting technique. Each being located at a different part of the netball courts. Once a student has scored they are to then move to a different netball post, aim is to score 5 goals

Competitive situation

Get into a game of netball using the full size netball court. Encourage the use of appropriate positions.