

Year 8 Girls' Football Assessment

Knowledge

Corner
Throw in
Goal kick
Kick Off
Foul
tackling
possession
fouls
Goalkeeping
Show an understanding of
Attacking play
Defensive play
General game play
Set plays

Skills

Passing
Dribbling
Control
Channelling
Tackling/Jockeying
Shooting

Tier 3 Vocabulary

Jockeying
Tackling
Shooting
Strike
Interception
Shadowing
Foul throw

Head:
Leadership, Knowledge &
Understanding, Analysis,
Decision Making, Tactical
Awareness

Hands:
Skill Development, Skill
Application, Fitness Levels,
Technique, Competitive

Heart:
Effort, Resilience, Respect,
Motivation, Commitment

Ideas for Assessment Lesson

Warm up

Students are to get into pairs and have 1 ball between them. Cones will be set up as gates on a football pitch. S1 is to dribble the ball to a gate with their partner shadowing them. S1 should pass the ball through the gate to their partner and then S2 takes over and dribbles the ball to another gate. HOW MANY GATES CAN THEY COMPLETE IN 1 MINUTE? REPEAT 3 TIMES
Make some gates smaller than others to add challenge for the passes
Dynamic and static stretches are to follow

Task 1: Passing

Students are to remain in their groups of 4. 1 student is to stand in the middle with 2 on one side and 1 stood on the other side.

S1 is to pass the ball to S4.

S4 is to then lay the pass off whilst S1 is moving in a straight line

S1 is to then pass the ball onto S2 and join the opposite side

Repeat this and rotate roles with S4

S3 S1

S2

S4

Task 2: Jockeying

Students are to be in pairs with a ball between them. S1 is to pass the ball to S2 and then S2 is dribble where S1 came from whilst S1 is jockeying the ball. Once reached the line S2 is to return back to their original line. Repeat 5 times and change over.

Task 4: Shooting

Students are to remain in their groups of 4. There is to be 1 GK, 2 feeders on either side of the goal and the shooter.

Feeder 3 stands behind the goal and makes a pass to the shooter who takes a touch and strikes the ball. The student on the other side of the goal (who didn't make the pass) retrieves any balls from behind the goal. Repeat and rotate.

Differentiation: strike the ball 1st time or take on a ½ volley or volley

Competitive situation

Small sided matches 5 v 5 on the small pitches