

Year 8 Boys' Football Assessment

Knowledge

Tackling
Maintaining possession
Fouls
Goalkeeping

Skills

Turning
Dribbling
Shooting
Tackling
Jockeying
Goalkeeping catches
Goalkeeping dive
In isolation, small sided games and competition

Tier 3 Vocabulary

Driven Pass
Long Pass
Shooting
Strike
Receiving the ball
Pace in game
Step Over
Attacking
Defending
Jockeying
Tackling
Diving
Angles

Head:
Leadership, Knowledge &
Understanding, Analysis,
Decision Making, Tactical
Awareness

Hands:
Skill Development, Skill
Application, Fitness Levels,
Technique, Competitive

Heart:
Effort, Resilience, Respect,
Motivation, Commitment

Ideas for Assessment Lesson

Warm up

Students to get into pairs, stand one behind the other and follow the teacher's instructions/commands of jogging, side stepping, high knees, heel flicks to a particular line. This should then be followed by dynamic stretches including walking lunges and straight leg kicks and then static stretches.

Task 1: Passing

Place two cones in between the pair as a target and place them a step either side of the student – challenge is to get the ball through the goal to your partner. Differentiation: make the space between the cones smaller to offer further challenge. HOW MANY PASSES CAN EACH PAIR DO BETWEEN THEIR CONES?
In pairs stood opposite each other over a distance of 20m, Students are to pass the ball using a driven pass technique. Students repeat the technique to aim to drive the ball along the floor.

Task 2: Jockeying

Students to work in pairs and they will need a ball between them. Two cones are to be spaced 15m apart from each other. Partner 1 will stand on one cone with the ball. Partner 2 will face them standing 2m away. Partner 1 has to dribble the ball to the cone 15m away. Partner 2 has to defend them. Swap roles and repeat.

Task 3: Shooting

Students to be grouped in 4's. Each group will be sent to work at a separate goal. A cone will be placed 20m away from the centre of an empty goal. Three students will stand behind the cone with a ball. One will stand behind the goal. The first person will shoot at the goal. The person behind the ball will retrieve the ball and move to the back of the queue. The person who shot will replace them. The next person in the queue will take the next shot. Repeat. Develop by adding a feeder to pass to the player shooting and finally a goalkeeper into the scenario

Task 4: Goalkeeping

In 3's one student in the goals – players take it in turns to simply throw the ball into the keepers hands so that they make a "w" with their hands when catching the ball
Skill Progression – Diving
Students to roll the ball to the side of the keeper – who will start on their knees to dive – who will stop the ball with their hands in "w" when diving – progress to feet and also
Skill progression – Angles
Players to approach the goal from different angles to the goal, the goalkeeper has to adjust position to narrow the angles down to make it difficult for the attacker to score
Game – rotate goalkeeper when other team score

Competitive situation

Small sided matches 5 v 5 on the small pitches