

# Year 8 Basketball Assessment

## Knowledge

Chest Pass	Know the rules of:
Bounce Pass	Tip off
Shoulder Pass	Travelling
Three-man weave	Double dribble
Pivoting	Back court violation
Lay Up	Backline passes
Jump Shot	Sideline passes
Defending	Timing Rules

**Timing Rules**

Three seconds in the key  
 24 seconds to shoot  
 8 seconds to get the ball into the opponent's half

## Skills

Chest Pass  
 Bounce Pass  
 Shoulder Pass  
 Three man weave  
 Pivoting  
 Lay Up  
 Jump Shot  
 In isolation, small sided games and competition

## Tier 3 Vocabulary

Chest Pass	Tip off
Bounce Pass	Set shot
Overarm Pass	Jump shot
Traveling	Lay up
Double Dribble	Shot clock
Pivoting	Key
Back Court Violation	

**Head:**  
 Leadership, Knowledge & Understanding, Analysis, Decision Making, Tactical Awareness

**Hands:**  
 Skill Development, Skill Application, Fitness Levels, Technique, Competitive

**Heart:**  
 Effort, Resilience, Respect, Motivation, Commitment

## Ideas for Assessment Lesson

### Warm up

Students to be in pairs along the side of sports hall. Students to then complete different relay drills:

- Jogging
- Side stepping
- Heel flicks
- High knees

Stretches to be led by the teacher

### Task 1: Passes

Students are to perform different passes in pairs, including the chest, shoulder and bounce pass

### Task 2: The Weave

In 3's students are going to perform the 3 man weave. The middle person starts with the ball (2) they then pass and follow the ball to number 1's position, 1 the passes and follows to 3 creating a weave they are to do this down the court and try to score a basket at the end

### Task 3: Pivoting

In their 3's number 1 to collect a basketball and stand on the line their partner will be running towards.  
 Number 2 is to run toward their partner.  
 Number 1 is to throw the ball up in the air.  
 Number 2 is to catch the ball whilst performing a jump stop  
 Number 2 is to then pivot to face their partner (number 3) and throw the ball using the most appropriate pass.  
 Number 3 is to then repeat this.

Rotate roles

### Task 4: Lay up & Set Shot

Students are to perform a lay up and once performed they are to move to the opposite side of their shooting basket. Students in 4 groups split into a further two groups working at a same basket  
 Students are to then get into 4 groups: Students to dribble to a cone, use the jump stop then produce a jump shot using the same technique as a set shot but do it whilst in the air – the ball must leave their hands before they've landed back to the floor otherwise that is travelling

### Task 5: Defending

2v2 or 4v4 situation students to focus on marking each pass being made by standing with arms stretches in front of their partner with their hands on the ball

### Competitive situation

Full court basketball match