

Year 8 Basketball Assessment

Knowledge

Chest Pass	Know the rules of:
Bounce Pass	Tip off
Shoulder Pass	Travelling
Three-man weave	Double dribble
Pivoting	Back court violation
Lay Up	Backline passes
Jump Shot	Sideline passes
Defending	Timing Rules

Timing Rules
 Three seconds in the key
 24 seconds to shoot
 8 seconds to get the ball into the opponent's half

Skills

Chest Pass
 Bounce Pass
 Shoulder Pass
 Three man weave
 Pivoting
 Lay Up
 Jump Shot
 In isolation, small sided games and competition

Tier 3 Vocabulary

Chest Pass	Tip off
Bounce Pass	Set shot
Overarm Pass	Jump shot
Traveling	Lay up
Double Dribble	Shot clock
Pivoting	Key
Back Court Violation	

Head:
 Leadership, Knowledge & Understanding, Analysis, Decision Making, Tactical Awareness

Hands:
 Skill Development, Skill Application, Fitness Levels, Technique, Competitive

Heart:
 Effort, Resilience, Respect, Motivation, Commitment

Ideas for Assessment Lesson

Warm up

Students to be in pairs along the side of sports hall. Students to then complete different relay drills:

- Jogging
- Side stepping
- Heel flicks
- High knees

Stretches to be led by the teacher

Task 1: Passes

Students are to perform different passes in pairs, including the chest, shoulder and bounce pass

Task 2: The Weave

In 3's students are going to perform the 3 man weave. The middle person starts with the ball (2) they then pass and follow the ball to number 1's position, 1 the passes and follows to 3 creating a weave they are to do this down the court and try to score a basket at the end

Task 3: Pivoting

In their 3's number 1 to collect a basketball and stand on the line their partner will be running towards.
 Number 2 is to run toward their partner.
 Number 1 is to throw the ball up in the air.
 Number 2 is to catch the ball whilst performing a jump stop
 Number 2 is to then pivot to face their partner (number 3) and throw the ball using the most appropriate pass.
 Number 3 is to then repeat this.

Rotate roles

Task 4: Lay up & Set Shot

Students are to perform a lay up and once performed they are to move to the opposite side of their shooting basket. Students in 4 groups split into a further two groups working at a same basket
 Students are to then get into 4 groups: Students to dribble to a cone, use the jump stop then produce a jump shot using the same technique as a set shot but do it whilst in the air – the ball must leave their hands before they've landed back to the floor otherwise that is travelling

Task 5: Defending

2v2 or 4v4 situation students to focus on marking each pass being made by standing with arms stretches in front of their partner with their hands on the ball

Competitive situation

Full court basketball match