# **Year 8 Badminton Assessment**

## **Knowledge**

The low serve

The high serve

The overhead clear

The net shot

How to umpire a full court singles badminton game

The singles rules and scoring system

## Skills

Low serve

High serve

Overhead clear

Net shot

Umpire a full court singles badminton game

In isolation, rallies and competition

# **Tier 3 Vocabulary**

Odd number

Even number

High and low serve

Overhead clear

Transference of weight

Net shot

Speed

Muscular Endurance

Agility

Power

Sideways on

Flick of wrist

Side tramlines

Back tramlines

# Head:

Leadership, Knowledge & Understanding, Analysis, Decision Making, Tactical Awareness



# Hands:

Skill Development, Skill Application, Fitness Levels, Technique, Competitive



# **Heart:**

Effort, Resilience, Respect, Motivation, Commitment

#### **Ideas for Assessment Lesson**

#### Warm up

Students to collect a racket each and a shuttlecock between a pair and are to overhead clear rally followed by net shot rallying – keeping the shuttlecock up for as long as possible.

Stretches to follow in pairs

# Task 1: High and low serve

Students are to number themselves number 1 and 2.

Number 1 is to demonstrate the high serve and repeat X3 before collecting shuttles. Number 2 is to repeat the process.

Students are to number themselves number 1 and 2.

Number 1 is to demonstrate the low serve and repeat X3 before collecting shuttles. Number 2 is to repeat the process.

## Task 2: Overhead clear

Students are to continue to work with their partners.

Number 1 is to perform a high serve

Number 2 is to perform an overhead clear

Once number 1 has performed the flick serve they are to touch the net and then try to catch the overhead clear shot from their partner. If they catch it they win a point but if they are unable to catch it then the point is awarded to the student who performed the overhead clear. Repeat this process x5

#### Task 3: Net shot

Students are to continue to work with their partners.

Number 1 is to perform a flick serve

Number 2 is to perform a net shot

Once number 1 has performed the flick serve they are to run to the back tramlines and then try to catch the net shot from their partner. If they catch it, they win a point but if they are unable to catch it then the point is awarded to the student who performed the net shot. Repeat this process x5

## **Competitive situation**

Students are to then play full court singles matches for the remainder of the lesson, applying the scoring/service system and rules to their matches. Play to 7 or 11 points depending on the tournament you decide to do.

Those who are not playing are to be scoring matches at the side of each badminton court.